



# Tanners Lane Beach

Tanners Lane

East End

Lymington

SO41 5SP

## Overview:

INTERMEDIATE /ADVANCED

This is a great 'insiders' location to launch, but be aware of the strong tidal flow as you will be in the Solent . We recommend only paddling this section as a competent paddler after checking tide and weather forecasts.

This route is best close to high tide.

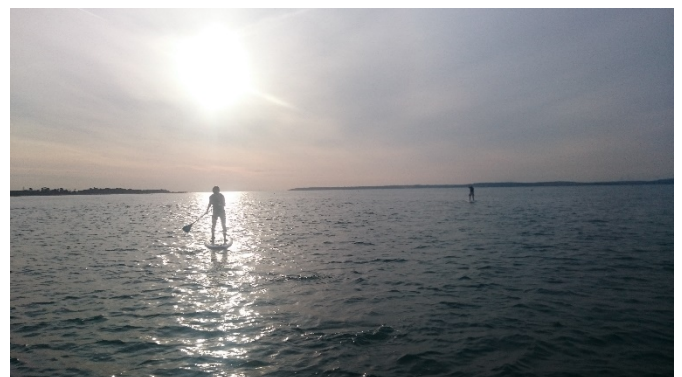
Parking at Tanners Lane beach can get busy as it is a single track lane with a small amount of beach parking. Please be careful if parking on the beach as it is very easy to get larger vehicles stuck in the soft gravel. We tend to park on the side of the road so please park responsibly.

Once parked and ready to go you will be greeted with a fantastic view over the Solent to the Isle of Wight especially at Sunrise and Sunset!

It up to you which direction you paddle. Please check the tidal flow and wind direction before setting off as it is best to start against the flow. If you are heading west towards Lymington then you can paddle through the salt marshes at high tide giving you a sheltered run all the way down to the Lymington River. Be aware of the river traffic.

If you fancy a quieter paddle taking in the coastal edge of the New Forest the paddle east along the coast towards Lepe. This is a beautiful paddle first thing in the morning with the sunrise and can be a good starting point for longer day trip paddles to the Beaulieu River.

PLEASE PADDLE WITH OTHER PADDLERS, BRING A METHOD OF COMMUNICATION AND MAKE SURE PEOPLE KNOW WHERE YOU HAVE GONE WHEREVER YOU ARE PADDLING



Guide Produced By The New Forest Paddle Sport Company & Hutch SUP Wear  
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