



**Avon Loop**  
 Mayors Mead Car Park  
 Christchurch  
 BH23 1NY

**Overview:**

**BEGINNER**

This is a pretty two mile circular route for beginners and seasoned SUPer's alike.

From Mayors Mead Car Park head left, down-river past the moored boats and round towards Christchurch Priory, passing the old Norman remains and under the bridges out onto the River Avon loop.

Park at Mayors Mead car park in Christchurch and use the public access slipway to launch onto the River Stour. Head downstream towards Christchurch and keep to the right of the river passing the moored boats and watching out for the hired power boats.

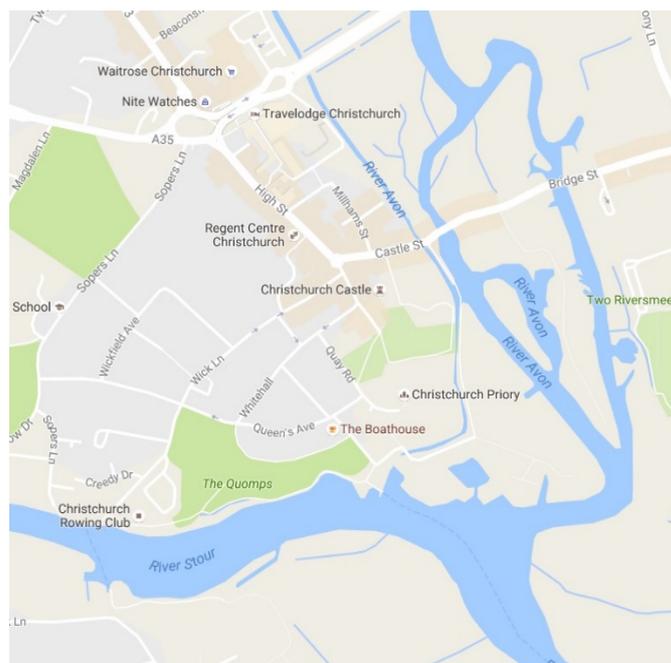
At the next turn just past the Christchurch Sailing Club you will come to a fork in the river where the Avon meets the Stour and flows out to Mudeford. We will be taking the left smaller fork taking us onto the River Avon.

Following the Avon upstream you will see that it splits into two channels, you can take either option but if the tide is lower we recommend taking the right turn as it is a little deeper under the bridge.

On either route you will paddle past boat yards and houses before going under the bridge heading out into the green fields and pristine water of the Avon. Follow the river until you get to a junction where the main river meets you. Take the smaller downstream channel which will take you back under the second bridge and out past beautiful riverside houses and historical buildings.

Follow the river and you will re-join the Stour, allowing you to paddle back up towards Mayors Mead Car Park.

This is a short route but a useful one, especially if it is windy.



This route is best attempted around high tide as if the water under the bridges is too low you will need to use your water-shoes.

This area can get busy in summer so keep aware of vessels of all sizes.

This route can be easily added onto the Iford Bridge – Christchurch or the Mudeford – Christchurch



Guide Produced By The New Forest Paddle Sport Company & Hutch SUP Wear  
[www.thenewforestpaddlesportcompany.co.uk](http://www.thenewforestpaddlesportcompany.co.uk) & [www.hutchsupwear.com](http://www.hutchsupwear.com)

